



AHERN & ASSOCIATES LENDS A HAND TO FALLEN OKLAHOMA FAMILIES, IN PARTNERSHIP WITH ST. MARY'S FOOD BANK

For their 15th consecutive year, Ahern & Associates help raise donations for St. Mary's Food Bank, and Ahern's CEO is named Hunger Hero of the Year.

PHOENIX, AZ – May 29, 2013 – Transportation and trucking luminary Andy Ahern was named Hunger Hero of the Year by St. Mary's Food Bank Alliance, the preeminent and largest food bank in the world. The distinction comes after years of unabated support from Ahern & Associates for the non-profit organization.

CEO Andy Ahern spearheaded the biannual food drives and fundraising, with 2013 being his 15th consecutive year rallying support for the food bank. Using his considerable influence in the local community and trucking industry, the value of Ahern & Associates' donations has only increased year after year.

Following the devastation of Oklahoma by tornados, Ahern & Associates has yet again given their considerable support to St. Mary's Food Bank to address the grave need for emergency supplies in Oklahoma. In the most recent issue of his weekly newsletter the Ahern Advisory—with a readership nearing half a million people—Andy implores his readers to give their support to those affected by the Oklahoma tornados.

Ahern & Associates' continued support for St. Mary's comes from its recognition of the superb efforts St. Mary's puts out every year. St. Mary's Food Bank is the largest food bank in the world, and provides important disaster relief to individuals in need. 90% of all St. Mary's donations go towards taking care of affected victims.

Ahern is part of the trucking industry's tremendous response to terrible disasters and emergency situations that affect families all around America. Without the trucking industry's support, organizations like St. Mary's would fail to reach people in need.

For more information on Ahern & Associates, please call 602-242-1030 or visit <http://www.ahern-ltd.com>.

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About Ahern & Associates, Ltd.

Ahern and Associates is North America's leading trucking and transportation management consulting firm. The skilled consultants at Ahern and Associates specialize in mergers and acquisitions of trucking

and logistics companies as well as the restructuring and evaluation of existing carriers that seek to increase operating efficiency and improve profitability. Since 1987, Ahern and Associates has aided hundreds of buyers in the acquisition of trucking and logistics companies throughout the U.S. and Canada as well as assisting many transportation and logistics companies in reducing their overall operating costs and increasing their profitability. For more information, please call 602-242-1030 or visit <http://www.ahern-ltd.com>.